



Lush cabanas

Lavish Rejuvenation

Wellness Spa & Suites

0187883211/0826775036

Massages

○ Advanced Swedish	Full body	60 minutes	R500
	Half body	30 minutes	R300
○ Hot stones	30 minutes		R400
	60 minutes		R600
○ Aromatherapy massage	30 minutes		R400
	60 minutes		R600
○ Pregnancy massage	60 minutes		R600
○ Hand & Foot massage	30 minutes		R200
○ Four hands massage Full body	60 minutes		R800
○ Back wellness* Upper back, neck, shoulders & head massage	30 minutes		R250
○ Back wellness* Lower back, glutes, and legs massage	30 minutes		R250
○ Back wellness* Full back massage head to calves	60 minutes		R380
○ Indian head massage	20 minutes		R150
○ Indian head massage *Neck shoulders and head	30 minutes		R200

Therapy & Care

○ **Body Scrub** popular body treatment that exfoliates and hydrates your skin, leaving it smooth and soft. R350

○ **Foot and Heel care** buff, scrub and soak to leave the foot feeling smooth, moisturized and soft. Finishing off with a foot massage tease. R250

○ **Heel Peel known as cracked heel therapy**, soak into the skin removing calluses and dead skin cells, leaving your heel soft and healthy. R220

○ **Chocolate Body Wrap**: A delicious treatment that will exfoliate, detoxify & soften your skin while uplifting you with its beautiful aromas. R800

○ **Chocolate Facial**: For the ultimate exfoliation & hydration that will leave your skin like new using only organic products that are certified to work on all skin types. R425

○ **Aromatherapy** to treat anxiety, stress, depression, insomnia, muscle tension, fatigue, trauma & to help with concentration, boost immune system, dry or sensitive skin, digestive issues, painful period pains, chest complaints, poor circulation and many other benefits.

Aroma Inhalation Tub

R150

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Aroma hydro bath (coming soon)

R280

- o Coming soon: Hydrotherapy (Jetted bath/Jacuzzi) using water to bring about harmony to the mind and body.

Luxurious hydro soak bubbly soak with flower petals 35minutes

R240

Romantic hydro soak candle lit bubbly soak with flower petals and a glass of bubbly & chocolates
45minutes

R350 for 1 and R450 for 2

Gift cards

- o All inclusive , you have the power to pick what therapy you need

from R500

- o or Customized , gifting for a specific therapy

from R500

Packages

- o Self-Care Packages

1. Body scrub + Full /Half body massage, *save R50* and pay R600 /R800

2. Body scrub + Foot & hand massage + Full /Half body massage , *save R90* and pay R750 /R 1000

3. Body scrub + Hot stone (30 min or 45 min) *save R50* and pay R700 / R900

- o Express...under 60 minutes

1. Foot & heel care + Foot & Hand massage 60min, *save R80* and pay R420

2. Half body massage + Aroma inhalation 45 min *save R50* and pay R400

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Specials

- o **Lunchtime express** any 30 min massage/therapy + Lunch / Platter **R450**
- o **Daytime express** any 45 or 60 min massage/therapy + Lunch /Platter + the use of a private suite for 3 Hours. (including the time for the massage/therapy). **R850 for 1 person or R1600 for 2 & R2300 for a group of 3.**
- o **All day pampering** from 10 am till 5pm, start this journey with a romantic breakfast in our private suite at your arrival, followed by a 30 min body scrub, then a 20 min Foot care therapy soak. Then a 60 minute Swedish or Hot stones massage and lastly a late lunch platter before we bid your relaxed, pampered body goodbye. **All this and the use of the suite for the day. Save R590 and pay R2900 for 2 or R1700 for 1**
- o **Half day Pampering** from 10 am till 1h30pm or from 1h30pm till 16h30 pm, your bliss will start with a mimosa breakfast in our private suite at your arrival, followed by a 60 minute Aromatherapy massage. Then a 20 min Foot care therapy ending with a fruit & snack platter and a glass of bubbly. **All this and the use of a private suite for the day. Save R640 and pay R1900 for 2 or R950 for 1**
- o **Overnight sensation for 2** Couples Swedish / Massage for two (Full or half body) or Hot stones 30 /60minutes or Aromatherapy massage 30/60 minutes + Candle lit dinner + Overnight stay in a private suite with room service English breakfast. **From R1850**
- o **Serendipity 2 night stay/ Weekend for 2** Overnight sensation, followed by a 45 body scrub for 2, followed by a Lunch platter + Dinner + Romantic breakfast before we bid you goodbye. **From R3200**

Our Meals

- 3 Course dinner R650 for 2
- Romantic Breakfast R300 for 2
- Dinner/ Lunch platter R350 for 2

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- Pizza Platter R180 for 2
- Fruit & snack platter R150 for 2

More Specials

We can customize : Please enquire

- Corporate Wellness or Team building / Group therapy
- Memorabilia Exclusive Package (Bridal / Wedding, Birthdays, Special days etc.)

T's & C's

*All bookings are to be made in advance especially Aromatherapy.

*Please answer all health questions honestly on consultation forms to avoid any harm or detrimental results to your body.

*Some massages / therapy might be **put on hold** as they're deemed high risk for Covid19 protocols.

*In a case of no-show, full amount will be billed for. Cancellations and amendments should be given 48 hours' notice.

*Covid19 protocols available at request.

* Cancellation policy is applicable, please request a copy.

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