



# Lush cabanas

Lavish Rejuvenation

*Wellness Spa & Suites*

0187883211/0826775036

**PEACE OF MIND THERAPY AMID VIRUS SCORE:** 17/03/2020

At Lush Cabanas, we have always used correct **hygiene protocols** to keep our facilities as clean as possible. With our strict appointments, **social distancing** has always been a key, so you will never find a lot of people in your proximity. We have now further-more taken the following steps to ensure that your therapy needs are **not interrupted** by the CoVid 19 virus scare:

- **SANITISERS & TISSUES**

We have placed clinical hand sanitizers at our spa's entrance and bathrooms, so our clients and staff can sanitize on entry. We also have tissues placed visibly where clients and staff have access to at all times.

- **CLEANINESS & HYGIENE**

We clean everything at scheduled regular intervals including the disinfection of frequently used objects and surfaces such as our towels, massage beds, door handles, and other utensils with IPA.

We also practice correct hygiene protocols i.e. cough and sneeze into our elbows or tissues, frequent washing of hands with anti-bacterial soap for min 20 secs, avoiding touching one's face and shaking hands, etc.

- **HEAT AS A COMBAT**

We have learned that The SARS-COV2 known coronaviruses have vulnerability that is immediately exploitable, remarkably these viruses die quickly at **higher temperature**. They live within the coolest area of the body the nose and sinus cavities, therefore rising temperatures creates a hostile environment for them and they quickly disappear.

- ✚ We have implemented **heat based massage beds** to promote mild heat on our client's body temperature, as to combat any suchlike viruses in the interim. And soon we'll use the same technique with our **Hydrotherapy** baths.
- ✚ We also have supplemented our in-house most favorite Cucumber water to **Rooibos & lemon tea or hot water with Lemon & honey**.

- **SIGNAGE**

**We have placed a Health and Safety signage in our office, to inform and educate all staff and clients on correct protocols, symptoms, measures and health care contact numbers. Please contact us for a copy, 0187883211/0826775036. Please contact <https://sacoronavirus.co.za/> or 0800 029 999 if you think you have contracted Corona Virus.**

*We are hoping that treatment for this pandemic will soon be found and this outbreak will be over. Meanwhile, we would like you to know that **you can still book your much needed therapy with peace of mind, knowing the above measures were taken. Should you feel sick though, please notify us so we can re-schedule your appointment.***

*See you soon,  
Regards :)  
Lush Cabanas Management.*